

# Kentucky Summative Assessments



## Grade 5 On Demand Writing Released Prompt 2023

Directions: Read the passages and answer the following question.

## ***from “Recess Reform”***

*by Rebecca Mordechai and Belle Irby*

- 1 “We only had one recess today!” Beatrice Dathan complained to her mother after coming home from school one day. That was four years ago. Beatrice’s family had recently moved to Connecticut from California. In California, Beatrice had enjoyed three recess blocks each day, totaling 50 minutes. But in Connecticut, recess was one 20-minute period. Lucy Dathan is Beatrice’s mother. She feels that Beatrice, now in sixth grade, has missed out on the advantages a longer recess has to offer. “Recess helps kids build relationships and be creative thinkers,” Dathan told *TIME for Kids*.
- 2 Dathan is now a member of the Connecticut House of Representatives. She is working to pass a state bill. It would require Connecticut schools to provide time for at least 50 minutes of unstructured play each day. Dathan is among a growing number of people nationwide trying to give kids more time for recess.

### **Clear Benefits**

- 3 In 2017, the Centers for Disease Control and Prevention (CDC) and SHAPE America published a report confirming the benefits of recess: Play periods encourage kids to be physically active, which can build healthy bodies and prevent obesity. Plus, physical activity can improve brain function, which helps students do better in class. And recess helps kids form friendships and strengthen social skills.
- 4 Chris Lineberry has seen the benefits of recess firsthand. He’s the principal of Stanfield Elementary School, in Arizona. Last year, the state began mandating two recess periods a day for students in kindergarten through fifth grade. It’s up to each school to decide how long the periods will be. But since the requirement went into effect, Lineberry has noticed “a deeper level of student engagement in the classroom.”
- 5 The CDC calls for at least 20 minutes of daily recess for elementary school students. The average U.S. school offers 27 minutes of recess. But some schools have none at all.

### **Powerful Voices**

- 6 Today, at least six states have laws that require elementary schools to provide daily recess. More are considering similar bills. Kids can make a difference by speaking up. This was proven earlier this year, when kids in Arkansas urged lawmakers to consider a bill that requires 40 minutes of recess for elementary school students. Izzy Kopsky, 8, is one of those kids. He says the best part of



recess is “playing and talking with my friends.” But Izzy felt he didn’t have enough time to do that. So in February, he testified before Arkansas lawmakers. He told them that having more recess time would allow students to burn up extra energy, which means they could better focus in class. “Everyone would learn more,” he added.

- 7 Asa Hutchinson is the governor of Arkansas. He signed the state’s recess reform bill into law on April 1. TFK Kid Reporter Belle Irby was on the scene at the State Capitol that day. Hutchinson admires the kids’ determination. “Young people can have a powerful voice,” he told Belle. “It’s impressive what they’ve done.”

Mordechai, R. & Irby, B. (2019, April 26). Recess reform. *TIME for Kids*. Retrieved from [www.timeforkids.com](http://www.timeforkids.com)

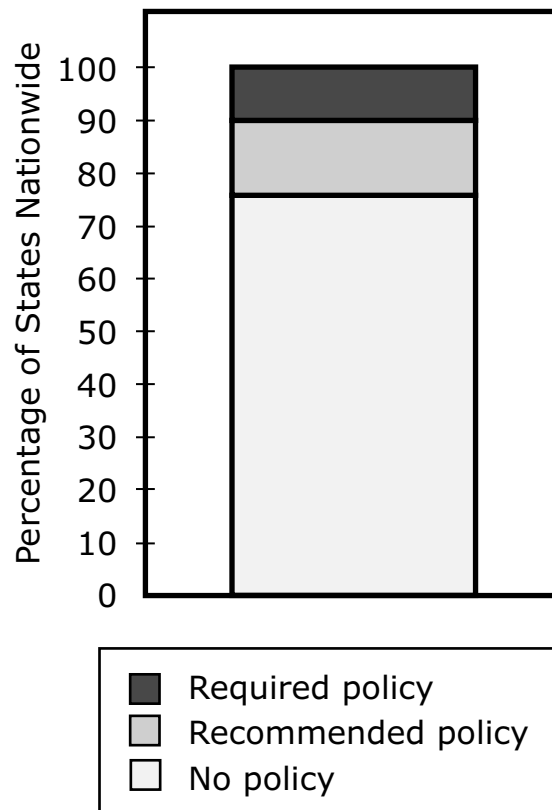
From “Recess Reform” by Rebecca Mordechai and Belle Irby, *TIME for Kids*, April 26, 2019. © 2019 TIME, Inc.

Directions: Read the passages and answer the following question.

## Recess Programs

*from the Centers for Disease Control and Prevention*

### Percentage of States that Required, Recommended, or had No Policy for Daily Recess in Elementary Schools, SY 2012–2013



Source: Bridging the Gap Research Program, 2014

#### At the State Level:

- Only 5 states *required* daily recess for elementary school students. Among these, only 2 states *required* at least 20 minutes of daily recess.
- 8 states *recommended* daily recess for elementary school students. Among these, 2 states *recommended* at least 20 minutes of daily recess.
- 10 states *required* a set amount of time for PA during the school day; half of these included recess in the definition of PA.
- 4 states *recommended* a specific amount of time for PA throughout the school day, and only 1 of these states included recess in the definition of PA.

Centers for Disease Control and Prevention. Recess programs. Retrieved from [https://www.cdc.gov/healthyyouth/npao/pdf/LWP\\_Recess\\_Brief\\_2012\\_13.pdf](https://www.cdc.gov/healthyyouth/npao/pdf/LWP_Recess_Brief_2012_13.pdf)

“Recess Programs”—Public Domain/Centers for Disease Control and Prevention



1

WR920439458

**On-Demand Writing Directions:** Carefully read the prompt below. Then read the provided texts. Enter your essay in the space provided.

### **Making Recess Longer**

In your opinion, should schools add more recess time for students? Write a well-organized essay stating your opinion. Support your opinion with evidence from the texts.



# Released Item Performance

## Kentucky Summative Assessments

Spring 2023  
Grade 5  
On-Demand Writing

Item: WR920439458#SCORE\_TRAIT\_CC  
Book Question Number: 1

Standard: C.5, C.5.1  
Passage Type: Opinion

Item Type: ER  
Trait: Clarity and Coherence

Student Group	Number of Students	Percent Correct	Average Item Score	Item Breakout Statistics - Score Percentages								
				Score 0 (%)	Score 1 (%)	Score 2 (%)	Score 3 (%)	Score 4 (%)	Score 5 (%)	Score 6 (%)	Score 7 (%)	Score 8 (%)
All Students	12,430	58.6%	4.69	2%	0%	11%	8%	28%	17%	21%	8%	6%
Gender												
Female	5,886	62.5%	5.00	1%	0%	8%	7%	25%	18%	23%	10%	8%
Male	6,543	55.1%	4.41	2%	0%	14%	9%	30%	16%	19%	6%	4%
Ethnicity												
African American	1,354	48.7%	3.90	4%	0%	21%	10%	33%	16%	12%	3%	2%
American Indian or Alaska Native	15	55.0%	4.40	0%	0%	7%	13%	40%	13%	27%	0%	0%
Asian	292	66.1%	5.29	1%	0%	7%	4%	23%	17%	21%	15%	12%
Hispanic or Latino	1,246	53.3%	4.27	2%	0%	15%	11%	33%	15%	15%	5%	4%
Native Hawaiian or Pacific Islander	21	54.8%	4.38	0%	0%	14%	14%	29%	14%	19%	10%	0%
White (non-Hispanic)	8,846	60.7%	4.86	1%	0%	9%	7%	26%	17%	23%	9%	6%
Two or more races	655	57.6%	4.61	2%	0%	11%	10%	26%	18%	20%	8%	4%
Migrant												
Migrant	86	42.0%	3.36	7%	0%	27%	12%	37%	8%	7%	2%	0%
English Learner												
English Learner	1,051	45.0%	3.60	4%	0%	21%	15%	39%	12%	7%	1%	1%
Economically Disadvantaged												
Economically Disadvantaged	7,902	54.5%	4.36	2%	0%	14%	10%	31%	16%	18%	6%	3%
Students with Disabilities												
Students with Disabilities	2,845	42.3%	3.38	4%	0%	32%	15%	29%	9%	7%	2%	1%



# Released Item Performance

## Kentucky Summative Assessments

Spring 2023  
Grade 5  
On-Demand Writing

Item: WR920439458#SCORE\_TRAIT\_LC  
Book Question Number: 1

Standard: C.5, C.5.1  
Passage Type: Opinion

Item Type: ER  
Trait: Language Conventions

Student Group	Number of Students	Percent Correct	Average Item Score	Item Breakout Statistics - Score Percentages								
				Score 0 (%)	Score 1 (%)	Score 2 (%)	Score 3 (%)	Score 4 (%)	Score 5 (%)	Score 6 (%)	Score 7 (%)	Score 8 (%)
All Students	12,430	58.6%	4.69	2%	0%	12%	9%	25%	16%	22%	8%	6%
Gender												
Female	5,886	62.6%	5.01	1%	0%	8%	8%	23%	17%	24%	10%	8%
Male	6,543	54.9%	4.39	2%	0%	15%	10%	27%	16%	19%	6%	4%
Ethnicity												
African American	1,354	48.2%	3.86	4%	0%	20%	15%	30%	14%	13%	3%	2%
American Indian or Alaska Native	15	54.2%	4.33	0%	0%	13%	13%	40%	7%	13%	13%	0%
Asian	292	67.8%	5.42	1%	0%	6%	5%	19%	17%	25%	14%	13%
Hispanic or Latino	1,246	53.1%	4.24	2%	0%	16%	12%	31%	14%	16%	5%	4%
Native Hawaiian or Pacific Islander	21	54.2%	4.33	0%	0%	19%	14%	24%	14%	14%	14%	0%
White (non-Hispanic)	8,846	60.7%	4.86	1%	0%	10%	8%	24%	16%	24%	9%	7%
Two or more races	655	57.5%	4.60	2%	0%	11%	12%	25%	19%	19%	8%	5%
Migrant												
Migrant	86	42.3%	3.38	7%	0%	29%	13%	28%	13%	7%	3%	0%
English Learner												
English Learner	1,051	44.4%	3.55	4%	0%	22%	16%	36%	12%	7%	2%	1%
Economically Disadvantaged												
Economically Disadvantaged	7,902	54.3%	4.35	2%	0%	15%	12%	28%	16%	18%	6%	4%
Students with Disabilities												
Students with Disabilities	2,845	42.1%	3.37	4%	0%	33%	15%	27%	9%	8%	2%	1%





# Released Item Performance

## Kentucky Summative Assessments

Spring 2023  
Grade 5  
On-Demand Writing

Item: WR920439458#SCORE\_TRAIT\_Organization  
Book Question Number: 1

Standard: C.5, C.5.1  
Passage Type: Opinion

Item Type: ER  
Trait: Organization

Student Group	Number of Students	Percent Correct	Average Item Score	Item Breakout Statistics - Score Percentages								
				Score 0 (%)	Score 1 (%)	Score 2 (%)	Score 3 (%)	Score 4 (%)	Score 5 (%)	Score 6 (%)	Score 7 (%)	Score 8 (%)
All Students	12,430	56.4%	4.51	2%	0%	17%	10%	22%	15%	21%	8%	5%
Gender												
Female	5,886	60.5%	4.84	1%	0%	13%	9%	21%	15%	24%	10%	7%
Male	6,543	52.7%	4.22	2%	0%	21%	10%	24%	14%	19%	6%	3%
Ethnicity												
African American	1,354	44.9%	3.59	4%	0%	30%	15%	23%	12%	12%	3%	2%
American Indian or Alaska Native	15	50.8%	4.07	0%	0%	20%	20%	20%	13%	27%	0%	0%
Asian	292	64.6%	5.17	1%	0%	10%	7%	21%	14%	23%	13%	12%
Hispanic or Latino	1,246	50.2%	4.02	2%	0%	25%	13%	24%	13%	15%	5%	3%
Native Hawaiian or Pacific Islander	21	51.2%	4.10	0%	0%	29%	10%	24%	5%	29%	5%	0%
White (non-Hispanic)	8,846	58.9%	4.71	1%	0%	14%	8%	22%	15%	24%	9%	6%
Two or more races	655	54.6%	4.37	2%	0%	19%	8%	24%	18%	17%	7%	4%
Migrant												
Migrant	86	39.5%	3.16	7%	0%	40%	8%	27%	8%	8%	2%	0%
English Learner												
English Learner	1,051	40.8%	3.27	4%	0%	34%	16%	27%	10%	6%	1%	0%
Economically Disadvantaged												
Economically Disadvantaged	7,902	51.8%	4.14	2%	0%	22%	11%	24%	14%	17%	6%	3%
Students with Disabilities												
Students with Disabilities	2,845	38.7%	3.10	4%	0%	46%	12%	20%	8%	7%	2%	1%



# Released Item Performance

## Kentucky Summative Assessments

Spring 2023  
Grade 5  
On-Demand Writing

Item: WR920439458#SCORE\_TRAIT\_Sourcing  
Book Question Number: 1

Standard: C.5, C.5.1  
Passage Type: Opinion

Item Type: ER  
Trait: Sourcing

Student Group	Number of Students	Percent Correct	Average Item Score	Item Breakout Statistics - Score Percentages								
				Score 0 (%)	Score 1 (%)	Score 2 (%)	Score 3 (%)	Score 4 (%)	Score 5 (%)	Score 6 (%)	Score 7 (%)	Score 8 (%)
All Students	12,430	34.5%	2.76	2%	0%	70%	8%	7%	5%	5%	3%	2%
Gender												
Female	5,886	36.1%	2.89	1%	0%	68%	8%	7%	5%	5%	4%	3%
Male	6,543	32.9%	2.64	2%	0%	71%	7%	8%	5%	4%	2%	1%
Ethnicity												
African American	1,354	29.0%	2.32	4%	0%	78%	6%	6%	3%	1%	1%	0%
American Indian or Alaska Native	15	34.2%	2.73	0%	0%	73%	0%	13%	7%	7%	0%	0%
Asian	292	39.1%	3.13	1%	0%	64%	5%	9%	5%	8%	5%	4%
Hispanic or Latino	1,246	32.1%	2.57	2%	0%	72%	9%	8%	3%	4%	2%	1%
Native Hawaiian or Pacific Islander	21	31.0%	2.48	0%	0%	76%	5%	14%	5%	0%	0%	0%
White (non-Hispanic)	8,846	35.6%	2.85	1%	0%	68%	8%	8%	5%	5%	3%	2%
Two or more races	655	32.7%	2.62	2%	0%	73%	8%	6%	4%	5%	1%	1%
Migrant												
Migrant	86	27.3%	2.19	7%	0%	74%	9%	7%	1%	0%	1%	0%
English Learner												
English Learner	1,051	27.8%	2.22	4%	0%	79%	7%	7%	2%	1%	0%	0%
Economically Disadvantaged												
Economically Disadvantaged	7,902	31.8%	2.54	2%	0%	74%	7%	7%	4%	3%	2%	1%
Students with Disabilities												
Students with Disabilities	2,845	28.3%	2.26	4%	0%	79%	6%	6%	2%	1%	0%	0%



# Released Item Performance

## Kentucky Summative Assessments

Spring 2023  
Grade 5  
On-Demand Writing

Item: WR920439458#SCORE\_TRAIT\_Support  
Book Question Number: 1

Standard: C.5, C.5.1  
Passage Type: Opinion

Item Type: ER  
Trait: Support

Student Group	Number of Students	Percent Correct	Average Item Score	Item Breakout Statistics - Score Percentages								
				Score 0 (%)	Score 1 (%)	Score 2 (%)	Score 3 (%)	Score 4 (%)	Score 5 (%)	Score 6 (%)	Score 7 (%)	Score 8 (%)
All Students	12,430	57.4%	4.59	2%	0%	12%	8%	29%	17%	20%	7%	5%
Gender												
Female	5,886	61.2%	4.89	1%	0%	9%	7%	27%	17%	23%	9%	7%
Male	6,543	53.9%	4.32	2%	0%	15%	9%	31%	16%	17%	6%	3%
Ethnicity												
African American	1,354	47.5%	3.80	4%	0%	22%	12%	33%	13%	11%	3%	2%
American Indian or Alaska Native	15	53.3%	4.27	0%	0%	7%	20%	33%	20%	20%	0%	0%
Asian	292	65.2%	5.21	1%	0%	7%	3%	26%	19%	20%	13%	11%
Hispanic or Latino	1,246	52.2%	4.18	2%	0%	16%	12%	34%	13%	15%	5%	3%
Native Hawaiian or Pacific Islander	21	52.4%	4.19	0%	0%	19%	14%	29%	10%	24%	5%	0%
White (non-Hispanic)	8,846	59.5%	4.76	1%	0%	10%	7%	28%	18%	22%	8%	6%
Two or more races	655	56.0%	4.48	2%	0%	13%	9%	30%	19%	17%	7%	4%
Migrant												
Migrant	86	40.7%	3.26	7%	0%	29%	15%	33%	8%	6%	2%	0%
English Learner												
English Learner	1,051	43.7%	3.50	4%	0%	23%	16%	38%	10%	7%	1%	0%
Economically Disadvantaged												
Economically Disadvantaged	7,902	53.2%	4.25	2%	0%	16%	10%	32%	16%	16%	5%	3%
Students with Disabilities												
Students with Disabilities	2,845	40.9%	3.28	4%	0%	36%	14%	29%	8%	7%	2%	1%

## KAS Opinion Rubric--5th Grade On-Demand Writing

**Guiding Principle C1:** Students will compose arguments to support claims in an analysis of substantive topics or texts, using valid reasoning and relevant and sufficient evidence.

**Note:** In 5<sup>th</sup> grade, students compose opinion pieces, using writing and digital resources, on topics or texts, supporting the writer's perspective with reasons and information. (C.5.1) The shift to composing arguments begins in 6<sup>th</sup> grade.

Scoring Element	Score Point 1	Score Point 2	Score Point 3	Score Point 4
<b>Clarity and Coherence</b>	States an opinion that may <b>lack</b> focus or be <b>unclear</b> . <b>Misses many or all</b> demands of the prompt.	States a <b>general</b> opinion that addresses the prompt, but may have <b>lapses</b> in focus. <b>Attempts</b> to address <b>some</b> demands of the prompt.	Introduces and maintains a <b>clear and coherent</b> opinion. Addresses <b>all</b> demands of the prompt.	Introduces and maintains a <b>clear, credible and coherent</b> opinion. <b>Thoroughly</b> addresses all demands of the prompt.
<b>Support</b>	Includes <b>minimal or no purposeful</b> support of opinion with reasons. Provides <b>incomplete, inaccurate and/or irrelevant</b> explanation of reasons. Provides <b>minimal or unrelated</b> facts and details to support the reasons.	<b>Attempts</b> to support opinion with reasons. Provides <b>vague and/or general</b> explanation of reasons. Provides <b>vague and/or general</b> facts and details to support the reasons.	Supports opinion with <b>logical</b> reasons. Provides <b>clear</b> explanation of reasons. Provides facts and details that <b>clearly</b> support the reasons.	<b>Thoroughly</b> supports opinion with logical reasons. Provides <b>carefully selected</b> explanation of reasons to <b>strengthen the opinion</b> . Provides reasons that are <b>thoughtfully</b> linked to facts and details to support the opinion.
<b>Sourcing</b>	Uses <b>one or none</b> of the provided sources or <b>ineffectively</b> uses a minimum of two provided sources to support the opinion. Cites <b>little or no</b> evidence. <b>Little or no</b> use of quoting, summarizing and/or paraphrasing of facts and details.	Uses a minimum of two provided sources to <b>attempt</b> to support the opinion. <b>Inconsistently</b> cites evidence. <b>Attempts</b> to quote, summarize and/or paraphrase facts and details.	<b>Accurately and effectively</b> uses a minimum of two provided sources to support the opinion. <b>Effectively</b> cites evidence by quoting, summarizing and/or paraphrasing facts and details.	Accurately and <b>skillfully</b> uses a minimum of two provided sources to support the opinion. <b>Consistently and thoroughly</b> cites evidence by quoting, summarizing and/or paraphrasing facts and details.
<b>Organization</b>	Creates <b>minimal or no overall</b> structure. <b>Ineffectively</b> organizes an opinion with reasons that are supported by facts and details. Makes <b>minimal or no attempt</b> to use transitions to connect the opinion, reasons and evidence. Provides a <b>weak</b> conclusion section or <b>lacks</b> a conclusion section to support the opinion.	<b>Attempts</b> to create a structure for the opinion. Organizes introduction of the topic and states an opinion with reasons that are supported by facts and details, but contains <b>some lapses that disrupt the cohesion or are inappropriate</b> . <b>Attempts</b> to use transitions to connect the opinion, reasons and evidence, but they are <b>simple and infrequent</b> . Provides a conclusion section in <b>an attempt</b> to support the opinion.	Creates and <b>maintains a clear</b> structure to develop the opinion. <b>Logically</b> organizes introduction of the topic and states an opinion with reasons that are <b>logically</b> ordered and supported by facts and details. Uses <b>effective</b> transitions to connect the opinion, reasons and evidence. Provides a <b>logical</b> conclusion section to support the opinion.	Creates and maintains a <b>sophisticated</b> structure to develop the opinion. <b>Skillfully</b> organizes introduction of the topic and states an opinion with reasons that are logically ordered and supported by facts and details. <b>Consistently</b> uses a <b>variety</b> of transitions to create a <b>strong</b> connection between the opinion, reasons and evidence. Provides a <b>thorough</b> conclusion to support the opinion.
<b>Language / Conventions</b>	<b>Lacks</b> or uses an <b>inappropriate</b> formal tone or voice. <b>Lacks</b> the development of task appropriate writing. Uses <b>simple or inappropriate</b> word choice. Makes <b>significant</b> errors in the conventions of Standard English grammar, usage, spelling, capitalization and punctuation which <b>interfere</b> with understanding the writing.	Uses a <b>weak formal tone or voice and/or</b> has <b>lapses</b> in appropriate tone or voice. <b>Attempts</b> to develop task appropriate writing. <b>Attempts</b> appropriate word choice. Makes <b>frequent</b> errors in the conventions of Standard English grammar, usage, spelling, capitalization and punctuation which <b>may interfere</b> with understanding the writing.	<b>Establishes and maintains</b> an appropriate formal tone or voice. <b>Establishes and maintains</b> task appropriate writing. <b>Effectively</b> uses appropriate word choice. <b>Effectively</b> uses the conventions of Standard English grammar, usage, spelling, capitalization and punctuation with <b>minor</b> errors that <b>do not interfere</b> with understanding the writing.	<b>Consistently</b> establishes and maintains a <b>sophisticated</b> formal tone or voice. <b>Consistently</b> establishes and maintains <b>sophisticated</b> , task appropriate writing. <b>Consistently</b> uses <b>effective</b> and <b>varied</b> word choice. <b>Skillfully</b> uses the conventions of Standard English grammar, usage, spelling, capitalization and punctuation with <b>few</b> , minor errors that do not interfere with understanding the writing.

# Anchor Set

A1

yes they should add more recess time for students ecept of 15 or 20 i think it should be 40 or 30 because they like playing basketball talking to there friends and playing with there friends.

## Anchor Annotation, Paper 1

**Score Points: 1,1,1,1,1**

**Clarity/Coherence:** The response states an opinion that may lack focus or be unclear. It misses many or all demands of the prompt. An opinion is stated, (yes they should add more recess) but this minimal response is insufficient to earn credit. **Score Point 1.**

**Support:** The response includes minimal or no purposeful support of opinion with reasons. It provides minimal or unrelated explanation or details. **Score Point 1.**

**Sourcing:** The response uses only one or none of the provided sources. **Score Point 1.**

**Organization:** The response creates minimal or no overall structure. It ineffectively organizes, makes minimal or no attempt to use transitions and lacks a conclusion. **Score Point 1.**

**Language/Conventions:** The response lacks appropriate formal tone. It lacks the development of task appropriate writing, uses simple or inappropriate word choice and/or makes significant errors in conventions. **Score Point 1.**

Some schools take less time of recess for kids and kids get that much time in other classes. One time, a kid in elementary school wanted more time to play with his friends and there is a reason for recess. It helps them have fun so recess is good for kids and good for other states. Letting kids have a few minutes of recess and American kids has 27 minutes of recess.

**Anchor Paper 2****Score Points: 1,1,1,1,2**

**Clarity/Coherence:** The response states an opinion that may lack focus or be unclear. It misses many or all demands of the prompt. No opinion is stated. The response does not choose whether or not schools should add more recess time. Only some passage details are provided. **Score Point 1.**

**Support:** The response includes minimal or no purposeful support of opinion with reasons. It provides minimal or unrelated explanation or details. **Score Point 1.**

**Sourcing:** The response uses only one or none of the provided sources. **Score Point 1.**

**Organization:** The response creates minimal or no overall structure. It ineffectively organizes, makes minimal or no attempt to use transitions and lacks or provides a weak conclusion. **Score Point 1.**

**Language/Conventions:** The response uses a weak formal tone. It attempts to develop task appropriate writing, attempts appropriate word choice and/or makes frequent errors in conventions. There is some sentence development here. **Score Point 2.**

Is recess good for kids?

I think that every school should have recess. Recess helps kids in many ways. It helps students focus, stay active, and stay social. Recess is imperative for kids to stay happy. Having fun is a good part of every day

There are many ways recess helps kids. the level of obese kids is rising rapidly. Recess helps kids stay active with things like monkey bars and climbing walls. Electronics take kids away from their family, and make them less social. Recess is a good way for kids to make friends and play with others. Recess also helps kids focus. while they are playing, they are burning energy, and it helps them stay still in class, instead of bouncing off the walls. this is why i think recess is important

These are the reasons why recess is important. it helps kids focus, stay active, and stay social. They need fun. It is a good part of every day life.

### Anchor Paper 3

**Score Points: 1,2,1,2,2**

**Clarity/Coherence:** The response states an opinion that may lack focus or be unclear. It misses many or all demands of the prompt. The response states (school should have recess, recess is important). It does not address add more recess. **Score Point 1.**

**Support:** The response attempts to support opinion with reasons. It provides vague or general explanation and details. There is some support for why recess is important. **Score Point 2.**

**Sourcing:** The response uses only one of the provided sources. All references, (focus, stay active and stay social) stem from “Recess Reform”. There is no reference to “Recess Programs”. **Score Point 1.**

**Organization:** The response attempts to create a structure. It has an organized introduction, attempts to use transitions, and provides a conclusion. **Score Point 2.**

**Language/Conventions:** The response uses a weak formal tone. It attempts to develop task appropriate writing, attempts appropriate word choice and/or makes frequent errors in conventions. **Score Point 2.**

yes,schools shoiuld add more playtime for kids.Because first kids have more time to rub off energy.second kids can form better relationships with there friends.and lastly it helps kids focus.

kids have more time to rub off energy. being active can help kids burn energy.and help them focus better in class.

second kids can form better relaitionships with there friends.morre recess can allow kids to talk more. and bond more to help them form better friendship.

and lastly it helps kids focus. all the examples i said helps kids be focused and active so they will be ready to learn.

thank you for readind my opionion.On should kids get more playtime.And i think they should.Because in all it helps kids focus and be ready to learn.

#### **Anchor Paper 4**

**Score Points: 2,2,1,2,1**

**Clarity/Coherence:** The response states a general opinion that addresses the prompt. It attempts to address some demands of the prompt, (yes, schools should add more playtime). It is a sufficient characterization of recess to earn credit. **Score Point 2.**

**Support:** The response attempts to support opinion with reasons. It provides vague or general explanation and details. **Score Point 2.**

**Sourcing:** The response uses only one of the provided sources. All references, (form better relationships, help kids focus) stem from “Recess Reform”. There is no reference to “Recess Programs”. **Score Point 1.**

**Organization:** The response attempts to create a structure. It has an organized introduction, attempts to use transitions, and provides a conclusion. **Score Point 2.**

**Language/Conventions:** The response lacks appropriate formal tone. It lacks the development of task appropriate writing, uses simple or inappropriate word choice and/or makes significant errors in conventions. There are multiple errors in conventions and control. Meaning is impeded. **Score Point 1.**



I think that schools should add more recess time because in the text it said that recess "helps build realationships,helps them develop creative ideas,helps kids fell encourages about filling physically active witch helps build a heathy body and prevent obesayde,improves brain functions,helps stundents do better in class,and can form friendships and strengthen social skills."This is why i think schools should add more recesss time.

### Anchor Paper 5

**Score Points: 2,2,1,1,2**

**Clarity/Coherence:** The response states a general opinion that addresses the prompt. It attempts to address some demands of the prompt, (I think schools should add more recess time). **Score Point 2.**

**Support:** The response attempts to support opinion with reasons. It provides vague or general explanation and details. There is some minimal support of the opinion. **Score Point 2.**

**Sourcing:** The response uses only one of the provided sources. All references, (helps build relationships, helps them develop creative ideas, prevent obesayde, improves brain function, form friendships) stem from “Recess Reform”. There is no reference to “Recess Programs”. **Score Point 1.**

**Organization:** The response creates minimal or no overall structure. It ineffectively organizes, makes minimal or no attempt to use transitions and lacks or provides a weak conclusion. There is no internal transitioning in the paragraph. **Score Point 1.**

**Language/Conventions:** The response uses a weak formal tone. It attempts to develop task appropriate writing, attempts appropriate word choice and/or makes frequent errors in conventions. **Score Point 2.**

Do you ever have recess and say that was a short time? I also know that you are thinking about changing the recess time. I'm with you on that, also if you do give us more time. It will help us make way more friends. And it makes school funner. Also it would help us get a bit of extrasize. Some of us really need it. It will attract other students too. now let me explain.

next It will help us make way more friends. It will let us actually have fun. If we had more friends we would want to go to school more to meet them. Its just fun to have friends. recess will help you meet other people and talk to them.

second It will get us more extrasize. Some of us are not to fit we need extrasize. It will help us get a little more by running, jogging, playing, ext. All we actually do is set on our couch and play fortnite all day. Also it will make your muscles stronger.

finally It will attract other students too. It will make us look like a good school. It will seperate us to other schools break. It will pleasure the new student to have longer recess.

in conclusion those are key advantages. It will help us make more friends. Also get us more extrasize. It will also attract new students. it hoped you liked my reasons. thank you for reading

### Anchor Paper 6

**Score Points: 2,2,1,2,2**

**Clarity/Coherence:** The response states a general opinion that addresses the prompt. It attempts to address some demands of the prompt. The response states (I'm with you on that). It can be gleaned contextually that it is referring to having more recess time. **Score Point 2.**

**Support:** The response attempts to support opinion with reasons. It provides vague or general explanation and details. **Score Point 2.**

**Sourcing:** The response uses only one of the provided sources. All references, (make way more fiends, get more extrasize) stem from "Recess Reform". There is no reference to "Recess Programs". **Score Point 1.**

**Organization:** The response attempts to create a structure. It has an organized introduction, attempts to use transitions, and provides a conclusion. **Score Point 2.**

**Language/Conventions:** The response uses a weak formal tone. It attempts to develop task appropriate writing, attempts appropriate word choice and/or makes frequent errors in conventions. Despite the misspellings, there is clear tone and good word choice. **Score Point 2.**

Should school have more recess, yes I think that kids should have more recess because it says in paragraph 5 "The CDC calls for **at least** twenty minutes of daily recess for elementary school students." it says at least really I think there should be more.

It also says in paragraph 4 "it's up to each school to decide how long periods will be. But since the requirement went into effect, Lineberry has noticed a deeper level of student engagement in the classroom." That means the more recess they have the more they will burn energy and focus better.

In paragraph 6 it says "This was proven earlier this year, when kids in Arkansas urged lawmakers to consider a bill that requires 40 minutes of recess for elementary schools students. Izzy Kopsky, 8, is one of those kids. He says the best part of recess is playing and talking with my friends. But Izzy felt he didn't have enough time to do that."

Not much school kids have recess at all it says in recess programs the graph shows more than seventy percentage of state nationwide don't have recess.

This shows that yes students should have recess because every kid needs at least an hour of physical activity each day.

#### **Anchor Paper 7**

**Score Points: 2,2,2,2,2**

**Clarity/Coherence:** The response states a general opinion that addresses the prompt. It attempts to address some demands of the prompt, (Should school have more recess, yes). **Score Point 2.**

**Support:** The response attempts to support opinion with reasons. It provides vague or general explanation and details. **Score Point 2.**

**Sourcing:** The response uses both of the two provided sources. It inconsistently attempts to quote and/or paraphrase facts and details. References come from "Recess Reform" (CDC calls for at least 20, up to each school, Lineberry, when kids in Arkansas, Izzy Kopsky) and "Recess Programs" (the graph shows more than seventy percentage). **Score Point 2.**

**Organization:** The response attempts to create a structure. It has an organized introduction, attempts to use transitions and provides a conclusion. **Score Point 2.**

**Language/Conventions:** The response uses a weak formal tone. It attempts to develop task appropriate writing, attempts appropriate word choice and/or makes frequent errors in conventions. **Score Point 2.**

Recess is the best part of a school day. We only get 15 minute of a day to have some fun. Today, I am writing this to you principal to persuade you to add more time for recess. I will tell you about my opinion and the benifits and powerful voices.

The first thing I will talk about is my opinion I think we should have more time for recess. First, we will get to make more new friends. We will get to play with them longer. Second, some kids do not get to play outboors. There parent is at work and they can not do anything. That is my opinon about recess.

The second thing I will talk about is benefits. First, kids will not be obesity if they have time to play outside more. Kids play more video games and watch TV. Second, Physcial active can imporve are brain function. We will focuse more in class. That is some benefits of more outside time.

The third thing I will talk about is powerful voices. First, we can stand up and talk about what we think we should have. That is what Izzy Kopsky did to get more recess. Second, since she stood up they have 40 minute of recess. The have longer time to play. That is a powerful voice for you.

All in all we only get 15 minute a day to have fun. Today, I have written this to you principal to persauade you to give us more recess time. I have told you about opinion and benefits and powerful voices. Recess is the best part of a school day.

### Anchor Paper 8

**Score Points: 2,2,1,3,3**

**Clarity/Coherence:** The response states a general opinion that addresses the prompt. It attempts to address some demands of the prompt, (to persuade you to add more time for recess). **Score Point 2.**

**Support:** The response attempts to support opinion with reasons. It provides vague or general explanation and details. The play outdoors parents at work and video games and watch TV discussion is not helpful. **Score Point 2.**

**Sourcing:** The response uses only one or none of the provided sources. All references, (make more new friends, obesity, Izzy Kopsky) stem from “Recess Reform”. There is no reference to “Recess Programs”. **Score Point 1.**

**Organization:** The response creates and maintains a clear structure. It has a logically organized introduction, effectively uses transitions, and provides a logical conclusion. The organization is better than A07. **Score Point 3.**

**Language/Conventions:** The response establishes and maintains an appropriate formal tone and task appropriate writing. It effectively uses appropriate word choice and effectively uses conventions with minor errors. Word choice, tone and a little sentence variety help this response. **Score Point 3.**

1 Dear county members me and my fellow students have been talking about getting a longer time for recess. here is why physical activity can improve brain function, recess, resses builds up our body mussile and helps us stay fit, it helps us have stronger relashtion ships with out team mates. many school have thire classroom grades go us just by doing a 50 min resess.

2 Physical activity can improve your brain function. For example you could be in class and you are just over thrown how hard your work is but then it is time for resess and you come back to the work after resess and yoiu just fly right threw it the work assiment. resses in normaly 20 min here at my school. Yeah we have the hights elimentry school grades but i think we could do way better we could finish tests on a lttle amout of time and do very good on them just because we got 30 more min on resess. after doing this plan many students have made a higher grade after this plan. this plan will improvef all schools in ouer districkt.

3 Resses can build up our body mussile. many students lack the body stranth that some people get. For example just by getting 20 mintes of resess you are not going to get a strong body. A girl named Emma has a smart coment on our resses. I think we should be able to have a 50 min resess because some students donty get this time to do fun thangs some have to make us work wish takes up thire whole resess but is we have a 50 min resess they could finish thire work and still have time to get thire muscular time in. what you probily nver relised is that you see people runing all the time that is a\the main part on musulair stranth.

4 Stronger relashtion ships woth out class mates. For example maliry has a comilt to lay on us. many students dont have many friends and dont get the time to make any because they feel alone that was one me but now i have over 20 friends and happy thant ever. many students miss out on phisical activiteys AKA social with others. but with the 30 more min of time i think they will get along just nicely and teachers could also have an impact on this law to. many teachers dont have enolf time to be grading 100 papers in 2 hours thay have a life just like us students so

with the 50 min with resess they could be grading papers.

5 Inclucloshtion i can now say and hope that you can now say is that 50 min resess could help us by phisical activity to your brain, resses builds up our body mussils, and lastit can inprove your conection with your team mates. and this could realy improve our grades at school just by having 50 min of resess. i hope you county leader take this in gto account.

## **Anchor Paper 9**

**Score Points: 3,2,1,3,2**

**Clarity/Coherence:** The response introduces and maintains a clear and coherent opinion. It addresses all demands of the prompt, (about getting a longer time for recess) and the conclusion advocates for 50 minutes. **Score Point 3.**

**Support:** The response attempts to support opinion with reasons. It provides vague or general explanation and details. The (just overthrown how hard your work is, hights elimentry school grades, girl named Emma, maliry) discussions keep the Support at score point 2. **Score Point 2.**

**Sourcing:** The response uses only one of the provided sources. All references, (make more new friends, improve are brain function, Izzy Kopsky) stem from “Recess Reform”. There is no reference to “Recess Programs”. **Score Point 1.**

**Organization:** The response creates and maintains a clear structure. It has a logically organized introduction, effectively uses transitions, and provides a logical conclusion. **Score Point 3.**

**Language/Conventions:** The response uses a weak formal tone. It attempts to develop task appropriate writing, attempts appropriate word choice and/or makes frequent errors in conventions. There are enough conventions issues to keep the response at score point 2 for this trait. **Score Point 2.**

Today i'm going to be telling you my opinion of if schools should add more recess time for student's. In my opinion i think we should get extra time of recess for three reasons. 1. student's can get more exercise. 2. We can be more healthy. 3. We can be more calm. Those are all my reasons of why we should get more recess time for student's

The first reason why we should get more recess time for students is because students can get more exercise. The reason how we can get more exercise is because some people play football. Another reason of how we could get more exercise is because some people play tag around the playground or field. The last reason of how we can get more exercise is because A lot of people walk, jog, and run around the sidewalk and others play on the equipment that the school has set out for us. Those are all my reasons of how we could get more exercised if we get more recess time.

The second reason of why we should get more recess time is we can be more healthy. A reason of how we can get more healthy is because a lot of people on the playground like to run around and the more we run the healthier we can get. Another reason of how we can get more healthy is because a lot of people like to exercise in any type of way outside. The last reason of how we can get more exercise is because we can let our weight go down if we need it to so we can be more healthy. Those are all my reasons of how we can get more healthy if we get more recess time.

The last reason of why we should get more recess time is we can be more calm after recess. The first reason of how we can be more calm after recess is because some kids have a lot of energy in their system so if we get more extra recess they could get more energy out. The second reason of how we can be more calm is because we can talk more so when the students go outside they won't blurt out as much. The last reason how we can be more calm is because when others don't talk we could listen better. Those are all my reasons.

Those are all my reasons of why we should have more recess time only for three reasons. 1. we could get more exercise. 2. we could be more healthy. 3. we could be more calm after recess. Thank you for reading my opinion of why we should or shouldn't have more recess time for the school.

## **Anchor Paper 10**

**Score Points: 3,3,1,3,3**

**Clarity/Coherence:** The response introduces and maintains a clear and coherent opinion, (In my opinion i think we should get extra time of recess for three reasons). It addresses all demands of the prompt. **Score Point 3.**

**Support:** The response supports opinion with logical reasons. It provides clear explanation and details. **Score Point 3.**

**Sourcing:** The response uses only one of the provided sources. All references, (get more exercise, be more healthy, be more calm,) stem from “Recess Reform”. There is no reference to “Recess Programs”. **Score Point 1.**

**Organization:** The response creates and maintains a clear structure. It has a logically organized introduction, effectively uses transitions, and provides a logical conclusion. **Score Point 3.**

**Language/Conventions:** The response establishes and maintains an appropriate formal tone and task appropriate writing. It effectively uses appropriate word choice and effectively uses conventions with minor errors. **Score Point 3.**



### **Should Kids be Playing Instead of Working?**

Did you know only five states require daily recess? Well i'm here to change that! I am writting this eassy to inform you, kids should be able to have atleast forty minuets for outdoor activities during school hours. How much time do you have to go outside and play with your buddies at yeshivah?

### **Should Congress Make a Bill?**

To start of with, bobby-soxers should go outside during school hours. Five handfulls of congress are considering making a law where school has to have outside activities because kids need to have more time to chat with pals after a long day of learning and not to mention kids can bearly talk to friends, girlfriends, and boyfriends. Isn't that rediculous?! And youngsters' should get a maximum or more of forty minutes so they can catch up on chats, what's been happening at home, and homework assignments they need help with. In my opinion kids should be able to talk to friends longer than lunch period.

### **Extra benifits in the classroom!**

Another reason why hoyden should be able to play outside when school is in session is it encourges kids to be open and free so it's more like a safe haven more than a prision. Secondly, a study from experts say kids are more focoused after engagement of mobile activites. So this change could help the teachers aswell. So pretty much a win win situation. Thirdly, it strengthens bonds between kids and that's a skill we need in life because with out friends your never going to laugh with someone other than your family, and who's going to be there when they pass? That's why we need to have recess we need a will-whisher in life we all need someone there for us in times family can not be there. Do you think outside activities can cause any of these reactions your classroom?

Therefore in conclusion, why we should let children/teenagers play outside because congress is about to make a bill that will effect states nation wide to let little ones play outside when school is in session. And finnally, let whippersnappers go outside and biuld friendships thant will last then eons and eons for them. Lets give them a better future we never had the chance to achive because that's are purpose in life to make it easier for other people to find there meanings in life. Do you belive tots should have time other than lunch to talk to a commrade?

## **Anchor Paper 11**

**Score Points: 3,3,2,3,3**

**Clarity/Coherence:** The response introduces and maintains a clear and coherent opinion. It addresses all demands of the prompt, (I am writing this essay to inform you, kids should be able to have atleast forty minuets for outdoor activities during school hours). **Score Point 3.**

**Support:** The response supports opinion with logical reasons. It provides clear explanation and details. **Score Point 3.**

**Sourcing:** The response uses both of the two provided sources. It inconsistently attempts to quote and/or paraphrase facts and details. References come from “Recess Reform” (congress are considering making new laws, more focused) and there is one brief mention of “Recess Programs” in the first sentence (only five states require daily recess). **Score Point 2.**

**Organization:** The response creates and maintains a clear structure. It has a logically organized introduction, effectively uses transitions, and provides a logical conclusion. **Score Point 3.**

**Language/Conventions:** The response establishes and maintains an appropriate formal tone and task appropriate writing. It effectively uses appropriate word choice and effectively uses conventions with minor errors. **Score Point 3.**

In my opinion, I think that this bill should be passed for the benefit of students engagement, enthusiasum, and happiness not just at school, but at home too. For example, eight states in the U.S only recommended having a recess policy for students.

One reason to support my opinion that this bill should be passed is that it is proven that having longer periods of recess will encourage kids to be physically active. This will then lead to students not being obese and will cause the student to have a healthy body. Also, physical activity can boost brain function which can lead to staying focussed in class and getting better grades overall. Plus, if you have a healthy body, you will not miss school days do to illness and problems with being overweight. If you miss days of school, you could miss crucial learning occasions and will not be as good at the topic you were learning as if you were to have come to school the days that you missed. Of course, if you are not good at the topic you are being tested about, you will not get the grades you did prior to being obese.

Secondly, the principal of Stanfield Elementary in Arizona, Chris Lineberry says that he has notice a change in his students engagement in learning since this bill went into full effect. Therefore, if a student is engaged in class work, they would be able to stay on task more and would have got all of their energy out during the 50 min. recess period. If you are staying on task in class, you will be able to hear more of what your teacher is saying and will get a better understanding of the topic you are learning about from being focused. Also, if you stay on task, you will then again achieve higher grades then you did when there was a 20 min. recess period.

Lastly, some people will differ with me and say that the more recess a student gets, more time is taken off of their time to learn. Although this is true, 50 mins. is only 30 more mins. than a 20 min. recess period. To put this in perspective, there are abot 7 hours in a normal school day. Before, 20 mins. of this 7 hour school day were used for recess and the rest were used for other things that are in a school day. This bill says that we are required to extend recess periods to 50 min. long instead of the traditional 20 min. recess. This is only taking 30 mins. off of a usual school day which is 7 hours that will make the students more engaged in learning, proficient in their topic, and physically healthy.

In conclusion, I think that this bill should be passed for the benefit of students future intelligence, health, and social skills. Adding this diminutive extra 30 mins. of recess will make a monumental impact on a students learning abilility for the present and future.

## **Anchor Paper 12**

**Score Points: 3,3,2,3,4**

**Clarity/Coherence:** The response introduces and maintains a clear and coherent opinion. It addresses all demands of the prompt, (I think this bill should be passed, This bill says that we are required to extend recess). It is clear the essay is regarding extending recess and it is stated specifically with a combination of the introduction and conclusion. **Score Point 3.**

**Support:** The response supports opinion with logical reasons. It provides clear explanation and details. **Score Point 3.**

**Sourcing:** The response uses both of the two provided sources. References come from “Recess Reform” (not being obese, boost brain function, Lineberry) and there is a brief mention of “Recess Programs” in paragraph 1 (eight states in the U.S.). **Score Point 2.**

**Organization:** The response creates and maintains a clear structure. It has a logically organized introduction, effectively uses transitions and provides a logical conclusion. **Score Point 3.**

**Language/Conventions:** The response consistently establishes and maintains a sophisticated formal tone and task appropriate writing. It consistently uses effective and varied word choice and skillfully uses conventions with few, minor errors. The word choice, sentence variety and complex sentence structures support a top score point 4 for this trait. **Score Point 4.**

Visualize kids running around, having fun, and most importantly being happy at school. In all of this time they aren't off task because they are having recess. Some schools have kids that don't get to enjoy this time. I believe we should have recess required at every school. There are many benefits that help the students throughout the day and even through the rest of their lives.

In paragraph 1 of "Recess Reform" it says that "Recess helps kids build relationships and be creative thinkers." Building relationships in school can help kids feel more welcome there and be happier. Being creative thinkers helps kids think "outside of the box" at school. It can help with answering questions and just helping to start a conversation.

In the 3rd paragraph in this article "Recess Reform" under the section of "Clear Benefits" it states that *"In 2017, the Centers for Disease Control and Prevention (CDC) and SHAPE America publishes a report confirming the benefits of recess: Play periods encourage kids to be physically active, which can build healthy bodies and prevent obesity. Plus, physical activity can improve brain function, which helps students do better in class. And recess helps kids form friendships and strengthen social skills."* All of these benefits can make everyday life easier for children and improve the effort and quality in school. Also in the section "Clear Benefits" in the article "Recess Reform" paragraph 4 talks about a principal named Chris Lineberry who has seen the benefits of recess quickly. Near the end of the paragraph it says "But since the requirement went into effect Lineberry had noticed a deeper level of student engagement in the classroom."

In the last section of "Recess Reform" called "Powerful voices" at the end of paragraph 6 it talks about a kid named Izzy Kopsky and it says "He testified before Arkansas lawmakers. He told them that having more recess time would allow students to burn up extra energy, which means they could better focus in class. Everyone would learn more he added."

Finally in the article "Recess Programs" under "At the State Level" it says that "Only 5 states required daily recess for elementary school students. 8 states recommended daily recess for elementary school students. 10 states required a set amount of time for PA during the school day. 4 states required a set amount of time for PA throughout the school day."

In conclusion all schools should add more recess time for students because it can farther improve social skills, reduce risks for obesity, make students healthier, improve effort in school work, and so much more! All of those benefits are key in improving skills that kids have and preparing them ofr the future. What are you waiting for? Lets change the world and get more recess time!

## **Anchor Paper 13**

**Score Points: 3,3,3,3,3**

**Clarity/Coherence:** The response introduces and maintains a clear and coherent opinion. It addresses all demands of the prompt. The introduction only states (we should have recess required at every school), but the body of the response is about ‘more recess’ and the conclusion solidifies the opinion (schools should add more recess time for students). **Score Point 3.**

**Support:** The response supports opinion with logical reasons. It provides clear explanation and details. **Score Point 3.**

**Sourcing:** The response effectively uses both of the two provided sources. It effectively quotes and/or paraphrases facts and details. This response cites and quotes multiple references from both sources. It is a very solid Sourcing response. **Score Point 3.**

**Organization:** The response creates and maintains a clear structure. It has a logically organized introduction, effectively uses transitions, and provides a logical conclusion. **Score Point 3.**

**Language/Conventions:** The response establishes and maintains an appropriate formal tone and task appropriate writing. It effectively uses appropriate word choice and effectively uses conventions with minor errors. Much of the development in this response are quotes. A good amount of the verbiage is quoted text, keeping the Language and Conventions score at score point 3. **Score Point 3.**

Would you want 20 or 50 minutes of recess at school. I would want 50 minutes of recess because it will help improve many populated negative benefits and make it a positive benefit on the students. Less recess could cause health issues, a lack of learning in the classrooms, and a bad friendship quality between the students in the school.

The first benefit that extra recess could help is health. Many people suffer from bad health problems because of the lack of physical activity. If students don't get enough physical exercise in, it could lead to obesity and if they give up on themselves it could lead to brain damage on the kids. If we get more recess and exercise it will help reduce the rate of obesity in the school and make the students have a better future and not get obese in their lives.

The second benefit that more recess would affect is learning. This could help the school with better scores on the end of the year tests and other small tests and quizzes throughout the school year. Which will determine where they go in life and what jobs they get later on in life. This could also help reduce the lack of listening that happens in the classroom while the teacher is talking so that the students do better in class. If the students get more recess it will help with the energy rate which will make the kids more energized and excited to do a quiz or a test in the class even if they don't like the subject and not wonder off while doing the test which would lead to a bad grade such as an F in that subject area. This could help make the kids more determined to get better grades and try harder in not just class, but more excited to achieve things in life as well. This will make us higher ranked on the school board which will increase the rate of students that come to our school each year. Which will also increase the amount of money the school gets to go toward the students just in case if needed throughout the school year in case of an emergency that happens with one of the students at any time.

The last benefit that more recess would affect is friendships in the school. If there are more friendships in the school that means the kids will be happier about what's to come throughout the day and if one kid does one small empowering action it could change another person's whole day around in a very optimistic way. Then the happiness would spread through the whole school one person at a time. If somebody is new and isn't feeling welcome someone could come and comfort them which could make new friendships. It will also make kids' social skills better so they can use them later on in life to get a job or get into college someday when they are older that way it can help them in life.

In conclusion, those are the reasons why I think that students should get up to 50 minutes at recess. Is because it can help with health issues, learning, and friendships so that the student has a better future and know how to make it through life when they get older and so they know to stay physical because if you don't it could cause obesity which will make you not want to achieve any life goals and just want to sit on your couch all day watching everybody else live their lives to the fullest and have a good job and go to college and have a good life, but not you when you could be living an awesome life too.

## **Anchor Paper 14**

**Score Points: 4,4,1,4,4**

**Clarity/Coherence:** The response introduces and maintains a clear, credible and coherent opinion. It thoroughly addresses all demands of the prompt, (I would want 50 minutes of recess) and the discussion surrounds 50 minutes instead of 20 and oftentimes asks for ‘more recess’. **Score Point 4.**

**Support:** The response thoroughly supports opinion with logical reasons. It provides carefully selected explanation and thoughtfully linked details. **Score Point 4.**

**Sourcing:** The response uses only one of the provided sources. All references, (lead to obesity, more recess it will help with energy rate, affect is friendships) stem from “Recess Reform”. There is no reference to “Recess Programs”. **Score Point 1.**

**Organization:** The response creates and maintains a sophisticated structure. It has a skillfully organized introduction, consistently uses a variety of transitions and provides a thorough conclusion. **Score Point 4.**

**Language/Conventions:** The response consistently establishes and maintains a sophisticated formal tone and task appropriate writing. It consistently uses effective and varied word choice and skillfully uses conventions with few, minor errors. The tone and complex sentence structures support a top score in this trait. **Score Point 4.**



Okay, our school is a great place with a recess limit of 25 minutes per day. In my opinion, that is not near enough time as we really need. With more recess time, the better kids will feel. It helps us do better in class, assists us to form friendships with other people, and it encourages us to stay physically active. Although it's up to the school to make the decision on whether or not to have recess, as a 5th grader, I feel like we need at least 40-50 minutes of recess a day. I know it sounds crazy but my class goes bonkers if we don't get enough recess and I think it will be better for our teacher and all the other teachers out there if we get more time for recess.

First off, more recess time helps us do better in class. While you're doing math, the last thing you want to think about is being cooped up in a hot, boring school all day long. Says Chris Lineberry, the principal of Stanfield Elementary School in Arizona, he has noticed "a deeper level of student engagement in the classroom." That's why we need to go outside! We get to run around; burn off energy, clear our minds; it's all for the better. We'll be able to focus much better after being outside for a while. And the longer we're outside, the better our minds will be focused, the better we'll feel, and the better we'll behave. Not only does more recess make the school a better place, it will make us like school and we'll actually get out of bed in the morning to come.

Next, we form more friendships with longer recesses. Imagine you're on the playground and you accidentally bump into someone. That "someone" could be your new best friend. You never know! It's just a chance that you'll make a really close, or maybe even just an occasional high-fiving, fist-bump, kind of friendship with people you meet on the playground. The more friends we have, the better we'll feel and we'll feel more welcome to this school. Did you know that only 5 states out of 50 in the United States have a law that requires at least 20 minutes of recess each day? That's not right. 20 minutes may not be enough time for you to bump into your future best friend. That's why we need laws in Kentucky for even more time! We need to meet our new best friend!

Last but certainly not least, more recess encourages kids to stay physically active outside of school. After running around outside and having fun with friends, kids just might want to run around and be active even more, encouraging them to join the soccer team or the basketball team; any kind of sport. They'll also play outside more with their families when they get home because they had so much fun during recess. See, more recess time all comes back around to life itself!

All in all, more time for recess is better for everyone. It helps us do better during class, it lets us form friendships, and it encourages kids to stay physically active outside of school. More recess time is better for everyone!

## **Anchor Paper 15**

**Score Points: 4,4,3,4,4**

**Clarity/Coherence:** The response introduces and maintains a clear, credible and coherent opinion. It thoroughly addresses all demands of the prompt, (In my opinion, that is not near enough time). **Score Point 4.**

**Support:** The response thoroughly supports opinion with logical reasons. It provides carefully selected explanation and thoughtfully linked details. **Score Point 4.**

**Sourcing:** The response effectively uses both of the two provided sources. It effectively quotes and/or paraphrases facts and details. References come from “Recess Reform” (Although it’s up to the school, Chris Lineberry, the principal of Stanfield Elementary, more friendships) and “Recess Programs” (only 5 states out of 50 have a law). **Score Point 3.**

**Organization:** The response creates and maintains a sophisticated structure. It has a skillfully organized introduction, consistently uses a variety of transitions and provides a thorough conclusion. **Score Point 4.**

**Language/Conventions:** The response consistently establishes and maintains a sophisticated formal tone and task appropriate writing. It consistently uses effective and varied word choice and skillfully uses conventions with few, minor errors. **Score Point 4.**

How is your school year going so far? Well, I hope it is going well! I heard that some schools do not get recess at all or they get very little recess time. I want to change that because I think that every schools should have a longer recess! Having a longer recess can have positive effects on children like better focus, watching their weight, and it can strengthen everything you do!

To get the ball rolling, recess can make students have better focus. Recess can make students brains function to do good in school. The article "Recess Reform" says, "Plus, physical activity can improve brain function, which helps students do better in class." Mordechai, R. & Irby, B. also say, "But since the requirement went into effect, Lineberry has noticed "a deeper level of student engagement in the classroom." Recess also helps with a lot of school. Recess Reform also states, "He told them that having more recess time would allow students to burn up extra energy, which means they could better focus in class." "Everyone would learn more," he added." So that means that having more recess time could relieve a lot of stress too. Recess can make students focus alot more, so be as fast as a cheetah and run along with that longer recess.

Next, recess can make your weight go from big to small. Recess definitely watches everyones weight. Recess can reduce obesity, so why not keep everyone healthy! Recess Reforms states, "Play periods encourage kids to be physically active, which can build healthy bodies and prevent obesity." Recess Programs states, "Among these, only two states *required* at least 20 minutes of daily recess." Physical activity is another thing that comes from all of the extra recess. On the graph it shows that a lot of schools do not even have a policy for recess at all. Recess Programs also states, "8 states recommended daily recess for elementary school students (Figure 1)." So recess is very important for your health to keep you in shape and it is as easy as pie.

Also, recess can strengthen everything you do. Recess can definitely help with a lot of social skills. Recess Reform says, "He says the best part of recess is "playing and talking with my friends." But Izzy felt he didn't have enough time to do that." Recess Reform also states, "Recess helps kids build relationships and be creative thinkers," Dathan told *TIME for Kids*." You can also get better grades if you have a good amount of recess. Recess Reform confirms, "Last year, the state began mandating two recess periods a day for students in kindergarten through fifth grade." Another thing that Recess Reform confirms is, "Today at least six states have laws that require elementary schools to provide daily recess. More are considering similar bills. Kids can make a difference by speaking up." So it does not matter how big or small you are, everyone can make a difference.

Lastly, recess can have a huge effect on everyone so why doesn't everyone do it. Recess can make you focus better, you can watch your weight wih recess, and it strengthens everything you do. And remember it doesn't matter how big or small your you just have to run for the golden prize..... **EXERCISE!**

## **Anchor Paper 16**

**Score Points: 4,4,4,4,4**

**Clarity/Coherence:** The response introduces and maintains a clear, credible and coherent opinion. It thoroughly addresses all demands of the prompt, (I think that every schools should have a longer recess). **Score Point 4.**

**Support:** The response thoroughly supports opinion with logical reasons. It provides carefully selected explanation and thoughtfully linked details. **Score Point 4.**

**Sourcing:** The response skillfully uses both of the two provided sources. It consistently and thoroughly quotes and/or paraphrases facts and details. Multiple quotes are cited, identified, and woven together from both Sources and skillfully used. **Score Point 4.**

**Organization:** The response creates and maintains a sophisticated structure. It has a skillfully organized introduction, consistently uses a variety of transitions and provides a thorough conclusion. **Score Point 4.**

**Language/Conventions:** The response consistently establishes and maintains a sophisticated formal tone and task appropriate writing. It consistently uses effective and varied word choice and skillfully uses conventions with few, minor errors. **Score Point 4.**





*Investing in Kentucky's Future, One Student at a Time*